DRAE & DRE
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EMPOWERING PEOPLE.
BUILDING SKILLS.
CREATING OPPORTUNITY.

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CAREER CHANGE GUIDE

NEW PATH. NEW POSSIBILITIES. NEW YOU.

Changing career can feel overwhelming, but it can also be the start of something amazing.
With the right mindset, plan and support, you can build a future that fits your goals and values.

IN THIS GUIDE

- Signs it might be time for a change
- How to explore new career options
- Skills you can transfer
- Building confidence for a new path
- How to gain relevant experience
- Updating your CV for a career change
- Overcoming obstacles and self-doubt
- Key things to remember

1. SIGNS IT MIGHT BE TIME FOR A CHANGE

- You feel unfulfilled or unmotivated.
- You're no longer growing.
- Your values don't align with your current role.
- You dream about doing something different.

Listen to how you feel – your future matters.

2. EXPLORE YOUR OPTIONS

- Research different industries and roles.
- Talk to people working in fields that interest you.
- Take career quizzes and explore job descriptions.

Explore widely before you decide.

3. IDENTIFY YOUR TRANSFERABLE SKILLS

- List your current skills and strengths.
- Match them to the new industry.
- Highlight soft skills like communication, problem-solving and teamwork.

Your skills can open new doors.

4. BUILD CONFIDENCE FOR A NEW PATH

- Believe in your ability to learn and grow.
- Set small goals and celebrate progress.
- Surround yourself with supportive people.

Confidence grows with action.

5. GAIN RELEVANT EXPERIENCE

- Take short courses or online training.
- Volunteer or do freelance work.
- Look for entry-level roles to get your foot in the door.

Experience builds credibility and insight.

6. UPDATE YOUR CV FOR A CAREER CHANGE

- Highlight transferable skills and achievements.
- Tailor your CV to the new role.
- Include relevant courses and experiences.

Show your potential, not just your past.

7. OVERCOME OBSTACLES AND SELF-DOUBT

- It's normal to feel uncertain.
- Don't compare your journey to others.
- Keep learning, stay positive and keep going.

Resilience turns challenges into growth.

8. KEY THINGS TO REMEMBER

- It's never too late to start again.
- Every step brings you closer.
- Your dream career is possible.

You have the power to create a future you love.

TIPS FOR A SUCCESSFUL CAREER CHANGE

Be clear on why	Know your reasons for change and keep them at the centre of your decisions.
Keep learning	Invest in your knowledge and skills every day.
Network with purpose	Connect with people who can inspire, advise or refer you.
Take action	Small steps daily lead to big transformations.
Be patient with yourself	Change takes time – trust the process and stay committed.

You are not starting over, you are starting aligned.

YOUR NEW PATH. YOUR FUTURE.

A career change is a chance to design a life that excites and fulfils you. You bring experience, strength and value – add new skills and step into your next chapter with confidence.

- Embrace change as an opportunity for growth.
- Focus on progress, not perfection.
- Stay curious and keep exploring.
- Build a supportive network.
- Believe in yourself and your potential.
- Your best chapter could be next.

New path. New possibilities. New you.

REMEMBER

- It's okay to change direction.
- Every journey starts with a single step.
- Your past has prepared you for your future.
- You are capable of more than you imagine.
- New doors open when you decide to walk through.